

NEWS RELEASE

**CONTRANS GROUP INC. ACQUIRES ASSETS OF AIM
TRANSPORTATION SYSTEMS INC.**

(Woodstock, Ontario, July 14, 2011)

(TSX:CSS)

Contrans Group Inc. announced today that it has acquired the flatbed trucking business of Aim Transportation Systems Inc. This operation's fleet consists of 15 tractors and 22 tandem flatbed trailers and will be based out of Contrans' terminal located in Hagersville, Ontario.

"This tuck-in acquisition complements our leading position in the tandem flatbed market," stated Contrans' Chairman and Chief Executive Officer Stan Dunford. "We like the mid to long-term prospects for this market. Accordingly, we believe that acquiring additional drivers and hauling capacity as well as expanding our customer base now will create additional long-term shareholder value."

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