



## **NEWS RELEASE**

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### **CONTRANS ANNOUNCES DECLARATION OF DIVIDEND**

**(Woodstock, Ontario—April 19, 2010)** - The Board of Directors of Contrans Group Inc. (“Contrans”) (TSX Symbol CSS) announced today that it has declared a dividend of \$0.08 per outstanding Class A Subordinate Voting Share (“Class A Shares”) and Class B Multiple Voting Share, payable on May 14, 2010 to shareholders of record at the close of business on April 30, 2010.

For Canadian resident shareholders, \$0.0773 per share of the dividend declared is designated as an “eligible dividend” for purposes of the enhanced dividend tax credit rules contained in the Income Tax Act (Canada) and any corresponding provincial and territorial tax legislation.

Contrans has been providing freight transportation services since 1985. With approximately 1,200 power units and 2,200 trailers under management, Contrans is one of the largest freight transportation companies in Canada.

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