

NEWS RELEASE

Contrans Income Fund Realigns Eastern Operations

(Woodstock, Ontario – February 20, 2008) Contrans Income Fund (TSX:CSS.UN) today announced that it has initiated a realignment of its Flatbed and Van business units in Eastern Canada. These measures, which will take effect in April 2008, are designed to maintain and build upon the Fund's competitive leadership position in these segments by realizing economies of scale, increasing operating efficiency and reducing overhead costs.

Contrans is bringing the operational direction and administrative functions of various Eastern Canadian Van operations together under a single management group. These functions, currently within the Brookville Carriers Van LP offices in Saint John, New Brunswick and Milton, Ontario will be transferred to Laidlaw Carriers Van LP, which is based in Guelph, Ontario. This will result in improved traffic management and more efficient fleet utilization.

In addition, all administrative functions for the East Coast Flatbed business units will be centralized at the General Freight Carriers LP facility in Saint John, New Brunswick. The existing operations groups in each business unit will remain in place and will continue to operate under their current banners. These changes will enhance the role of Contrans as the pre-eminent flatbed carrier in Eastern Canada and the largest flatbed carrier in the country.

“These measures are the logical next step in the development of our van and flatbed businesses,” said Stan Dunford, Contrans Chairman and Chief Executive Officer. “We review our operations on an ongoing basis to find ways to improve business performance. Like other companies, we have had to manage the effects of many changes in business conditions such as plant closures, the value of the Canadian dollar, escalating fuel prices and other economic pressures. We prefer meeting these challenges head on and in a proactive manner rather than standing by and hoping conditions will improve. With the actions that we are commencing today, we will continue to manage our business from a position of strength.

“We have initiated this realignment after careful study and consultation with our managers in the respective regions and businesses. These measures will make us more efficient and position us for continued growth in these markets.”

Contrans has been providing freight transportation services since 1985. With approximately 1,400 power units, 2,300 trailers and 2,000 employees and owner-operators, Contrans is one of the largest freight transportation companies in Canada.

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