

NEWS RELEASE

CONTRANS INCOME FUND ANNOUNCES DISTRIBUTION

(Woodstock, Ontario—October 16, 2007) Contrans Income Fund (TSX. Symbol CSS.UN) today declared a cash distribution of CDN \$0.1042 per unit, for the month of October 2007, to unitholders of record at the close of business on October 31, 2007. The distribution payment will be made on November 15, 2007.

The Fund is an unincorporated, open-ended limited purpose trust created for the purpose of acquiring and holding certain investments.

Contrans has been providing freight transportation services since 1985. With approximately 1,500 power units and 2,300 trailers under management, Contrans is one of the largest freight transportation companies in Canada.

The Fund provides unitholders with monthly distributions. Trust units are listed on The Toronto Stock Exchange (under CSS.UN) and are eligible for registered retirement savings plans (RRSP's), registered retirement income funds (RRIF's) and deferred profit sharing plans (DPSP's).

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