

CONTRANS INCOME FUND ANNOUNCES PROPOSED ACQUISITION OF FIRM TRANSPORTATION AND DISTRIBUTION SERVICES INC.

NEWS RELEASE FOR IMMEDIATE RELEASE

Woodstock, Ontario, November 2, 2004. Contrans Income Fund (TSX: CSS.UN) (“Contrans”) is pleased to announce that it has completed the acquisition of Firm Transportation and Distribution Services Inc. (“Firm”). Firm is a Toronto, Ontario based third party logistics provider whose customers require various transportation services within North America. Firm is a service-oriented business that adds value to its customers by assisting with creation of paperwork, providing online load tracking, and filling other delivery needs such as air and ocean transportation services. Firm offers a complete transportation solution to its customers.

Firm recorded revenues of approximately \$10.4 million in its most recent fiscal year ended August 31, 2004, and Firm’s EBITDA for the same period, after adjustments to reflect the purchase was approximately \$1.2 million. It is the intent of Contrans to continue to operate Firm as an independent operating unit with its existing complement of management and staff.

Stan Dunford, Chief Executive Officer of Contrans, stated that “This year, Contrans began to develop and grow an internal third party logistics business, and Firm will be a tremendous boost in this area. Firm’s business has focused on providing exceptional service to its customers, and that fundamental goal fits well in the Contrans group. Firm’s current president, David Firman is a seasoned transportation professional who shall continue to oversee the operation that he and his team have built. We look forward to using David’s experience and expertise to continue the success of Firm and to assist with the development of other opportunities in third party logistics.”

For further information contact:

Stan G. Dunford, Chairman and Chief Executive Officer, or
Gregory W. Rumble, President and Chief Operating Officer

Phone: (519) 421-4600

E-mail: info@contrans.ca

Web Site: www.Contrans.ca