

**CONTRANS INCOME FUND ANNOUNCES
INITIAL DISTRIBUTION
(NEWS RELEASE FOR IMMEDIATE RELEASE)**

AUGUST 19, 2002

Woodstock, Ontario - Contrans Income Fund

(TSX.CSS.UN) announced today a cash distribution for the period from July 23, 2002 to August 31, 2002 of \$0.1042 per unit payable on September 13, 2002 to unitholders at the close of business on August 30, 2002.

The Fund is an unincorporated, open-ended limited purpose trust created for the purpose of acquiring and holding certain investments, initially through the effective acquisition of Contrans and its direct and indirect operating entities.

The Fund operates in the transportation industry, principally in the truckload market as a provider of freight transportation services. In March 2002, Contrans, commenced operations in the school bus market.

For further information, please contact Stan Dunford or Greg Rumble at (519) 421-4600.