

NEWS RELEASE

CONTRANS ANNOUNCES 4th QUARTER DIVIDEND FOR 2011

(Woodstock, Ontario, January 18, 2012)

(TSX:CSS)

The Board of Directors of Contrans Group Inc. (“Contrans”) announced today that it has declared a dividend of \$0.10 per outstanding Class A Subordinate Voting Share and Class B Multiple Voting Share, in respect of the fourth quarter of 2011, payable on February 15, 2012 to shareholders of record at the close of business on January 31, 2012.

For Canadian resident shareholders the dividend declared above is designated as an “eligible dividend” for purposes of the enhanced dividend tax credit rules contained in the Income Tax Act (Canada) and any corresponding provincial and territorial tax legislation.

Contrans has been providing freight transportation services since 1985. With approximately 1,200 power units and 2,200 trailers under management, Contrans is one of the largest freight transportation companies in Canada.

For further information, please contact:

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